

HOW TO USE YOUR EXECUTIVE PHYSICAL PROGRAMS

WHAT IS AN EXECUTIVE PHYSICAL?

Executive Physicals are top-to-toe physical exams that include a detailed medical history along with comprehensive lab screenings. These elective exams are performed in addition to the annual physical that is covered by your primary health plan. They can be an important way to benchmark your current health status.

HOW IT WORKS

The Ultimate Health insurance policy provides coverage toward these elective pre-packaged Executive Physicals up to your plan's stated benefit limits, generally for the member and enrolled spouse.

HOW TO FILE EXECUTIVE PHYSICAL CLAIMS

With this benefit, members pay for the Executive Physical in full and then obtain reimbursement through Ultimate Health.

Submitting a claim for an Executive Physical is similar to submitting a dental claim. Like other claims, Ultimate Health does not pay for Executive Physicals at the time of scheduling. The plan will only reimburse after receipt of actual services once your patient responsibility amount has been determined.

To ensure claims have the sufficient information for processing, follow these guidelines:

If Executive Physical is performed at Johns Hopkins:

- » Complete an Ultimate Health claim form, provided to you by Johns Hopkins, at the time of your service.
- » Pay for your Executive Physical in full.
- » Johns Hopkins will submit the Ultimate Health claim form, along with an invoice and documentation showing that payment is your responsibility, directly to ArmadaCare for reimbursement on your behalf.
- » Submit an Ultimate Health claim for reimbursement along with an invoice or a detailed receipt and documentation (letter or signed contract) showing that payment is your responsibility.